## Rocky Mountain Hypnotherapy Center, LLC

James Schwartz, Board Certified Hypnotherapist 445 Union Blvd., Suite 302 Lakewood, CO 80228 (303) 987-1604

Dear Health Care Provider,

Client name: \_\_\_\_

has chosen to use mind-body meditation as a complementary modality in working with stress management and

The information provided below will be used as part of a mind-body meditation designed to complement the work performed by practitioners of Eastern Medicine. (For example, if your client has deficient kidney Qi, the meditation work would include a visualization process designed to increase the energy level of the kidneys.)

It is important to note that **you are and will remain** the client's primary care provider, and the client's signature on this form indicates their understanding that mind-body meditation is **not** a substitute or replacement for traditional Western or Eastern medical care. In this process, meditation and visualization are being used as a complementary processes designed to enhance the work performed by the acupuncturist.

Please list the 3-4 most important patterns of imbalance that are affecting our mutual client's current condition. (For example: Kidney Qi deficiency and Liver Qi stagnation or Liver blood deficiency with Qi and blood stagnation in the uterus.)

Please feel free to call if you have any questions.

Jim Schwartz, BCH

Client's signature

Date

Signature of acupuncturist

Date